

MEREDITH'S INTRO

A 6-time award-winning public speaker Meredith Allan Breitstein tours the world encouraging others to step into their destiny, walk through fear, and SHINE by finding their courage. She specializes in helping teams, and her audiences speak up, standout, and command a room with their presence. In Meredith's wildly popular TEDx talk "Don't waste a minute, shine RIGHT NOW" she inspires her audiences to take fast, committed action to show up powerfully so they can SHINE. She is frequently hired as both a Motivational Speaker and a Leadership Trainer for organizations to help others SHINE. She loves teaching clients how to level up their courage to power up their presence and be SEEN! She is also a seasoned TV journalist, who found her passion for storytelling while working for FOX, ABC, NBC, CBS and CNN affiliates. Meredith now uses her marketing and media expertise as host of The Meredith Show, helping others share their amazing stories, grow their business, and maximize their visibility on TV.Her inspirational story of overcoming personal adversity, The Magic in Change, has been featured in several national magazines, and on Amazon Prime's TV show Speak Up. Meredith's two greatest loves are hitting the road while teaching her audiences how to SHINE and chasing sunsets at home on the beach in California with her family.

FOR ANNOUNCERS: MEREDITH'S LAST NAME IS PRONOUNCED "BRIGHT-STEEN"