

### Long BIO:

Meredith Allan Breitstein's driving passion is inspiring her audience members and clients to live intentional lives filled with dreams come true.

She knows first-hand how life's setbacks and curveballs can create challenges that feel hard to overcome. Raised by hard-working parents who moved frequently, she quickly realized she had to fight to make her own dreams become a reality.

A six-time award-winning motivational speaker, Meredith is also a seasoned TV journalist, leadership trainer, and talk show host. She has worked on **FOX, ABC, NBC, CBS,** and **CNN** affiliates across the country. Companies worldwide, such as **Marriott** and **The United Way**, seek her expertise in publicity, marketing, messaging, and media.

After more than a decade of public speaking, Meredith has the unique ability to raise the energy in an audience. She tells relatable and motivational stories from her past, such as how moving 14 times before college taught her to adapt to change. In addition to lifting up others through in-person keynote and motivational speeches, she reaches an expanded audience through her **Amazon Prime Special** called **The Magic in Change** on the series **Speak UP**.

Beyond sharing her own stories, Meredith has dedicated her life to helping others share theirs. Meredith started The Meredith TV Talk Show, which debuted on **NBC** in 2015, to give others a platform to grow their businesses and gain visibility. The show airs online all over the world on **YouTube, Roku, Apple+TV, The Motivation & Success TV Network,** and **Amazon Fire TV**.

Meredith became hooked on helping people with marketing after she was contracted to help her first client, a doctor, save lives in a Colon Cancer Awareness Campaign. The results were so rapid that her client raised his revenue from 1.2 million to 2.6 million dollars in just nine months. From that moment on, Meredith has enjoyed using her talent for charity and has raised capital during live TV fundraisers for **The Make-a-Wish Foundation** and **Muscular Dystrophy Association**.

**For announcers: Meredith's last name is pronounced "BRIGHT-STEEN"**

### Short Bio:

A 6-time award-winning public speaker, Meredith Allan Breitstein tours the world encouraging others to step into their destiny, walk through fear, and SHINE by being vulnerable. She is frequently hired as both a Motivational Speaker and a Leadership Trainer for organizations and schools all over the world. She loves teaching clients how to level up their courage to power up their presence, and be SEEN and share their unique stories! She is also a seasoned TV journalist, who found her passion for storytelling while working for FOX, ABC, NBC, CBS, and CNN affiliates. Meredith now uses her marketing and media expertise as host of **The Meredith Show**, helping others share their amazing stories, grow their businesses, and maximize their visibility on TV. She loves to end her days chasing sunsets at home on the beach in California with her family.

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